

NEW PATIENT

Name: _____

Date: _____

Do you have Medicare or Medicaid? YES / NO

Reason for todays visit: _____ Referring doctor: _____

Description of how your problems started and progressed to date.

Pain level is (circle) 1 2 3 4 5 6 7 8 9 10

Pain is described as (circle) sharp dull stabbing burning aching shooting throbbing

Worst time of is (circle) morning midday evening

Morning stiffness lasts (circle) < 30min 30-60min > 60min

Have you had? (circle) fluid around heart or lung, mouth sores, rash in the sun, low blood counts, blood or protein in the urine, seizures, numbness/tingling, fatigue, unexplained fever, hair loss, red eye(s), psoriasis, bloody diarrhea)

Allergies: (list all medications that you are allergic to and the reaction)

Medications: (list name of medication and dose/frequency)

Example: Lyrica 100mg twice a day

Personal Medical History (circle)

RA	Lupus	Gout	Sjogrens	PMR	Psoriatic arthritis
Ulcerative Colitis	Crohn's	Psoriasis	Heart attack	Heart failure	Cancer
Aneurysm Clips	Back pain	Neck pain	Fibromyalgia	Osteoporosis	Diabetes
Sleep apnea	PTSD	Depression	Anxiety	Addiction	Thyroid disease
Pacemaker	Hepatitis	TB or +PPD	Multiple sclerosis	Stomach ulcer	Gastric bypass

Other: _____

Past Surgical History (list all surgeries)

_____	_____
_____	_____
_____	_____

Family history (do you have a blood relative with any of the following?)

RA	Lupus	Gout	Fibromyalgia	Psoriasis	Psoriatic arthritis
Cancer	Heart disease	Addiction	Depression	Anxiety	Sjogrens
Osteoporosis	Multiple sclerosis	Thyroid disease	Diabetes	Crohn's	Ulcerative colitis

Other: _____

Social History:

Do you smoke cigarettes? Yes / No

Do you drink alcohol? Yes / No If yes, how many drinks per week? _____

Do you use marijuana? Yes / No

Do you have history of drug or alcohol dependence? Yes / No

Do you exercise at least once a week? Yes / No

Is there any chance of becoming pregnant (or if male impregnating your partner)? Yes / No

Employment? _____

Are you applying for (or already on) disability? Yes / No

Review of systems: (circle symptoms present in past 2 weeks)

GENERAL

Recent weight gain; Recent weight loss; Fatigue; Weakness; Fever; Night sweats

NECK/THROAT

Frequent sore throats; Hoarseness; Difficulty in swallowing; Pain in jaw while chewing; Swollen glands; Tender glands

HEART AND LUNGS

Pain in chest; Irregular heart beat; Sudden changes in heart beat; Shortness of breath; Swollen legs or feet; Cough; Coughing of blood

STOMACH AND INTESTINES

Nausea; Heartburn; Stomach pain relieved by food; Vomiting of blood/"coffee grounds"; Yellow jaundice; Increasing constipation; Persistent diarrhea; Blood in stools; Black stools

MUSCLE/JOINTS/BONES

Morning stiffness lasting over an hour; Joint pain; Muscle weakness; Joint swelling

EARS

Ringing in ears; Loss of hearing; Red/Swollen ear

EYES

Redness; Loss of vision; Double or blurred vision; Dryness; Feels like something in eye

MOUTH

Sore tongue; Bleeding gums; Sores in mouth; Loss of taste; Dryness; Recent increase in tooth cavities

NOSE

Nosebleeds; Loss of smell

KIDNEY/URINE/BLADDER

Difficult urination; Pain or burning on urination; Blood in urine; Discharge from penis/vagina Vaginal dryness; Genital ulcers

SKIN

Tightness of skin; Rash on body, Facial rash, Color change of hands in cold, sun sensitivity, hair loss

NERVOUS SYSTEM

Headache, numbness/tingling of hands/feet

GYNECOLOGY

history of miscarriage

PSYCHIATRIC

Depression, Anxiety, Increased Stress, Suicidal Thoughts