



# CUEVAS CENTER

For Arthritis & Fibromyalgia

## PATIENT POLICIES (2/1/2020)

**Please note that Cuevas Center does not take insurance and Dr Cuevas is considered out of network. If you have Medicare or Medicaid, you must inform Dr Cuevas and sign a waiver in order to be treated.**

### **TYPES OF VISITS**

#### *1. New patient visit*

Typically lasts 60-75 minutes. See website for fee

The longer length of this appointment will allow Dr Cuevas to obtain a thorough history and perform a physical exam in order to help make and/or confirm your diagnosis. Please be sure you have filled out the new patient paperwork prior to your appointment. Please be sure that you bring records (including labs and xrays) from your referring doctor or prior rheumatologist for Dr Cuevas to review or have them faxed to 615-988-0008

**Bring a list of current medications and an allergy list to every appointment!**

#### *2. Routine and Extended Follow-Up Visit*

A routine visit typically lasts up to 30 min. See website for fee.

At times an extended visit may be needed. An extended visit typically involves extensive education, record review or paperwork/forms/PAs and will be charged \$200.

**Bring a list of current medications and an allergy list to every appointment!**

#### *3. Phone visit*

Charges are based on time spent. The fees are found on CuevasCenter.com.

You will need to give a credit card or HSA card to Dr Cuevas at conclusion of visit.

### **VISIT POLICIES**

#### *Check-In Process*

Upon entering the office for an appointment, please be sure your paperwork is complete. If you forgot your paperwork, we can provide you with forms to complete in the waiting area. Please be prepared to show both your state-issued photo identification and have payment ready for each visit.

#### *Lateness and Missed Appointments*

Patients are seen by appointment only. Dr Cuevas will make every effort to remain on schedule, and you are asked to be on time as well. Should you arrive late for your appointment, Dr Cuevas can see you for the remainder of the scheduled time. Because only one patient is scheduled in each time slot, if you miss your appointment, you will be charged the full fee and this must be paid before scheduling another appointment. Should you find that you need to cancel an upcoming appointment, we require a minimum notice of 24-hours or it will be considered a missed appointment.

#### *Wait Time*

Dr Cuevas respects all of her patients' time and strives every day to run on time for each appointment. Due to unpredictable nature of medical emergencies and the complexity of her patients' problems, you may on occasion, have to wait to be seen. Please understand that Dr

Cuevas strives to give quality service to all her patients and will provide that same care and attention to you.

#### *Lab and Test Results*

All lab and test results will be given to you. If you have not heard from Dr Cuevas via follow up appointment, phone, or text, please contact the office. Never assume “no news is good news.” Always be sure you have received your results. Some test results require an office visit or phone visit to review results.

#### *Messages for Dr Cuevas*

If you need to reach Dr Cuevas, please use her secure patient communication service, Klara. Alternatively, you call call and leave a voice message (615-673-4787). Office hours are Monday - Friday between 8am - 4pm. When leaving a voice message, please say and spell your name and date of birth as well as the nature of your call. The more information Dr Cuevas has regarding your needs, the better she can respond. Please note that refills are given at appointments only. Be sure when scheduling your follow up that you have enough refills to last until your next appointment. Any life threatening emergency (such as severe difficulty breathing, chest pain, unconsciousness, seizures, or severe head injury) should call 911 immediately and not use the messaging system as this could delay your treatment. If you are in severe pain, please go to the ER. In the unlikely event that your urgent message is not handled by Dr Cuevas within 30 minutes, please call your PCP and/or seek care at an urgent care center or ER as there may be some unplanned or unavoidable issue affecting Dr Cuevas' availability. **Please do not send messages of routine nature between the hours of 7pm-7am. Any call or text between 7pm and 7am or on the weekend should be reserved for urgent matters. If you have an urgent matter that cannot wait until the next business day, we can arrange a phone visit. See website for fee.**

#### *Messages from Dr Cuevas*

Dr Cuevas uses a secure patient communication service, Klara, in order to text patients. You will be asked to register as this will be the primary method of communication regarding things like appointments and test results. By signing patient policies, you are agreeing to allow Cuevas Center for Arthritis & Fibromyalgia to text you. If you do not want Cuevas Center to text you, then please discuss with Dr Cuevas.

#### *Forms and Letters*

You may ask Dr Cuevas to fill out forms or write letters on your behalf. She will do these during an office visit or phone visit only. Applicable charges will apply.

#### *On-Call Service*

Regular office hours are 8am-4pm Monday - Friday.

In the event of a medical emergency, always call 911.

If you have an urgent issue (that is not an emergency) after hours, you may contact Dr Cuevas. In the unlikely event Dr Cuevas does not respond within 30 min, there may be a problem with technology or an unavoidable personal emergency. In this case, Dr Cuevas strongly recommends you contact your Primary Care Physician or go to and urgent care center or the ER instead of continuing to wait on a reply.

Routine issues such as prescription refills, lab results, or appointments should be addressed during office hours please!

*Prescription Refills*

All prescription refills will need to be done during a visit (either office visit or phone visit). Please request refills at your regular appointments or make an appointment. There are many medications that require blood work monitoring. For your safety these cannot be refilled without the proper monitoring.

*Controlled Substance Refills*

Dr Cuevas is not a pain management physician and thus will not prescribe narcotics/opioids. If you need this type of pain medication, you will need to ask your PCP for a referral to a pain clinic. Please note that Neurontin (Gabapentin) and Lyrica (Pregabalin) are now considered controlled drugs (schedule V). Dr Cuevas' policy is to refill these medications every 1-3 months during an office visit only.

If you ever have a comment, concern, or question about patient policies, please do not hesitate to call or send a message to Dr Cuevas at 615-673-4787 on the Klara messaging system.

AGREEMENT: By signing below, I am acknowledging my willingness to participate in the treatment process. I further acknowledge that I have read, understand, and agree to all listed office policies.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Printed name: \_\_\_\_\_